

Dear **UNM ESSENTIAL** staff



Staff Council 2020 precinct elections results are in

Please visit Staff Council for more information:

<https://staffcouncil.unm.edu/>

Find your precinct [here](#)

- Precinct 1 Jennifer Benitez
- Precinct 2 Bryn McCabe-Kelly
- Precinct 3 Joseph M. Lane
- Precinct 4 Angela Beauchamp
- Precinct 5 Lisa Beauchene-Lawson
- Precinct 6 Grace Faustino
- Precinct 7 Angela Catena
- Precinct 8 Anthony Robinson
- Precinct 9 Amie Ortiz
- Precinct 10 Cynthia Perez-Chavez
- Precinct 11 Keith Hitz
- Precinct 12 Ryan E. Gregg
- Precinct 13 Stephen Murillo -HSC
- Precinct 14 Brian Vineyard
- Precinct 15 Marcus White
- Precinct 16 Melinda K. Templeton
- Precinct 17 David Thomas
- Precinct 18 John C. Shaski
- Precinct 19 Kelsey Higgins
- Precinct 20 Jessica Stanton -HSC
- Precinct 21 Maren Krake Dalton-HSC
- Precinct 22 Nancy Shane-HSC
- Precinct 23 Christine F. Heinemeyer-HSC
- Precinct 24 Joni Roberts-HSC
- Precinct 25 Scott T Sanchez - HSC
- Precinct 26 Teya Nguyen - HSC
- Precinct 27 Mark Fischer - HSC
- Precinct 28 Karen Lopez - HSC
- Precinct 29 Vacant - HSC
- Precinct 30 Jason Quin

Parking and Transportation (PATS) Limited operations due to COVID-19

Please see link below for more information:

<http://pats.unm.edu/index.html>

The PATS Business Office, located at 2401 Redondo Dr. NE, will continue to be closed, but will continue to offer online services like managing your parking account, appealing a citation, etc. through their website at pats.unm.edu. Additionally, you will be able to reach the PATS parking office by calling 505-277-1938 Monday through Friday between 7:30 a.m. and 4 p.m. (shortened business hours) or by email at parktran@unm.edu.

PARKING ENFORCEMENT

Effective Monday, June 1, parking enforcement will resume operations on the summer enforcement schedule:

- Monday-Thursday: 7 a.m. – 6 p.m.
- Friday: 7 a.m. – 5 p.m.

Per norm, those parking spaces restricted by signage (e.g. ADA, Reserved, Patient/Guest/Visitor, etc.) will be enforced. During the week of June 1, “light enforcement” will be performed for the regular permitted parking spaces in the lots and structures, e.g. warnings issued to alert customers of a possible parking violation. Please call PATS parking office if you have any questions or concerns.

Parking Areas Subject to Enforcement 24/7

As a reminder, the pay station parking spaces in the Yale and Cornell parking structures and surface lots are subject to enforcement 24/7. Regulations pertaining to fire, safety, reserve and ADA accessible parking spaces also necessitate and require enforcement 24/7, 365 days of the year.

SHUTTLE SERVICE

Effective June 5, the following [shuttle routes](#) are on regular summer semester schedule from 6:30 a.m. to 7p.m., Monday- Friday:

[G/Q/\(U\) Shuttle route](#)

[Redondo Shuttle route](#)

[SSSC Shuttle route](#)

*Normal routes with limited shuttle buses on each route.

The modified Night Bus shuttle route consists of two sections that will link at the Duck Pond: a “north” and a “south.” The north section will travel between the commuter lots (G and Q), to the Medical area and eventually back to the Duck Pond. The south section will operate between the Duck Pond, Yale Mall, SSSC and Lobo Village with an eventual return to the Duck Pond.

Reminder: South Lot is closed for the summer; therefore, South Lot permits are honored in Q Lot until the start of the AY2020-2021 Fall Semester on Monday, August 17.

UNM Parking Update

As UNM HSC begins their return-to-work efforts, we wanted to update you on some changes with parking:

- Beginning Monday, June 1, UNMH employees who hold a UNMH permit can park in K Lot and Lot 4 on a first come first serve basis ONLY. Please be sure to park in a marked spot.
- UNMH employees are NOT allowed to park in M Lot, L Lot, UNM side of the Lomas Garage, or the new lot at Tucker and Stanford unless you have a valid permit for that lot.
- UNMH employees may also park in Lot 6 (north of OSIS) with any valid UNMH permit but must call the shuttle dispatch line for pick-up at 272-3976.

Please remember the West Parking Garage is still reserved for patients only. Lands West and shuttle service is available during regular established hours and we are still enforcing social distancing precautions so please arrive early. As a reminder, all shuttles are deep cleaned every four hours—[click here to learn more about the cleaning process](#). All shuttle passengers are required to wear masks and must follow social

distancing recommendations by sitting in every other seat.

The HSC Staff Mentorship Program

**Due to the on-going COVID-19 crisis and the limited services available on campus, the 2020 HSC Staff Mentorship Program has been postponed until a later date.

Please visit the HSC Staff Mentorship Program for more information.

<https://hsc.unm.edu/programs/mentorship>

Please help the Mentorship Committee spread the word about these new changes!

For questions, email: HSC-Mentorship-Program@salud.unm.edu

Tune In or Be a Guest: UNM Health Hour Podcast

The University of New Mexico Health Sciences Center is the premiere health care practice and learning institution in the state. Tune in on Sundays at 11 a.m. on Kkob 770 AM or 94.5 FM to hear Health Sciences employees talk with UNM faculty and staff to bring you informative and entertaining insights on how you can stay healthy in New Mexico!

Want to do more than just tune in? Do you have work, strides, or discoveries to share with the greater Albuquerque community?

If so, please contact Elizabeth Sandlin (EMSandlin@salud.unm.edu) for information about guest submissions.

“Increasing Community Impact,” “Embarking on the Path to STEM-H Careers” and “The Foundations of Kindness” are some of the past discussions. To view past discussions and subscription options click [here](#).

Recreational Services has Home

Workouts!

Hey Lobos! Need a new way to stay active during quarantine? Try the Rec Services daily challenges! These quick workouts are short, high intensity, and can be done with minimal equipment. Add them into your current routine or use them as a starting point. Check out their [Instagram](#) every Monday for a new weekly series - the Instagram story each day will also feature modifications to make the exercises easier or more difficult.

Visit the link below for more information on Social Distancing Resources and disclaimer

<http://recservices.unm.edu/social-distancing-resources/index.html>

Other Routine Physical Activity. Many gyms and yoga studios are offering virtual classes to maintain a connection and normalcy. Take advantage of Employee Wellness

[FREE daily fitness classes](#) led by Lauren Lewis, health education consultant and personal trainer. Get a buddy and do a 30-day [squat challenge](#) or a 30-day [yoga challenge](#).

Practicing Meditation and Mindfulness. Meditation helps mentally clear and emotionally calm the mind. Michelle DuVal, UNM Center for Life instructor, has five guided meditations online. [Hear them here.](#)



Eat Well Listserv

Looking for a way to stay on track with your healthy eating goals? Subscribe to the Eat Well Listserv to receive tasty recipes, wellness tips, and inspiration from Employee Wellness registered dietician Reed Vawter, MS, RDN, LD.

To subscribe: Send email to listserv@list.unm.edu with a blank subject line and write “subscribe EAT-WELL-L firstname lastname” (no quotes, and replace firstname and lastname with your actual first and last name), or add yourself to EAT-WELL-L following [UNM IT’s steps of how to join a listserv.](#)

UNM Joins CABQ Initiative to Offer Free Outdoor Wi-Fi Access

For more information, please visit link below.

<https://news.unm.edu/news/unm-joins-cabq-initiative-to-offer-free-outdoor-wifi-access>

Are you really embracing diversity?

See below for information on some free webinars from Korn Ferry you may want to take advantage of.

STAND BY ME

How whites can become authentic allies

11am EDT, June 9

White privilege has always been difficult to explore. But without accusation, we will talk about how Whites can leverage racial privilege to be effective allies for achieving equity.

[**REGISTER**](#)

IN MY SHOES

Addressing systemic racism through structural inclusion

11am EDT, June 10

the emphasis of D&I over the past few years has been to tackle people's behavior with unconscious bias training. But, while worthwhile, it is not enough. In this webinar, we discuss how organizations are tackling the systemic racism in their existing talent systems.

REGISTER

DON'T TALK, DO

Creating a racially equitable future as inclusive leaders

11am EDT, June 11

Organizations need CEOs to be champions of racial equity. But to lead their businesses to become truly inclusive and equitable they also need to be highly skilled in a multitude of ways. We talk about what inclusive leadership looks like in action.

REGISTER

Mental Health Resources

Please visit mental health at <https://mentalhealth.unm.edu/>

Ombuds Services

Website: <https://ombudsforstaff.unm.edu>

Staff Ombuds E-mail: jransom@unm.edu

It can help to have a neutral sounding board who can listen and support you in navigating a challenging situation at work. Ombuds Services supports staff, faculty supervising staff, and their coworkers. Ombuds listen respectfully and emphasize collaboration and fair consideration of

all sides of an issue. This is a confidential, independent, informal, and neutral resource for UNM staff, faculty supervising staff, and their coworkers. **We are currently providing services by phone and Zoom.** Individual visitors can think out loud with an ombuds about a workplace situation, gain clarity and perspective, and receive information about resources and possible constructive approaches. Also, check out the upcoming Outreach, Trainings, and Events

To schedule a visit, please e-mail Ombuds Services at jransom@unm.edu. For more information, see ombudsforstaff.unm.edu.

HSC Information & Resources

Please visit

<https://hsc.unm.edu/covid-19/index.html>

Links to Return to Full Operations
Research Return to Full Operations
HSC Policies and Guidelines including Travel and Visitors Restrictions
Travel Restrictions
Event Registration
Reimbursement for Canceled Travel
UNM Health System
Travel Guidance (see attachment)

New Hospital Tower Phase I Begins

On May 19, the State Board of Finance unanimously approved the requested capital expenditure for Phase I of the new hospital tower project. Phase I will involve the street relocation and reconstruction of Yale, Tucker, and Camino de Salud in order to prepare for the construction of the parking garage. Construction of the parking garage will be Phase II. Phase III will be the construction of the new tower itself. Thank you to Mike Chicarelli, Doug Brooks, and the

team that put together the submission for both the Higher Education Department and the State Board of Finance. We are literally now “on the road” to building the new hospital tower!

HSC Masks Are Here!

The first order of HSC cloth facemasks, sponsored by the Chancellor's Office, have arrived and are currently being distributed. Each college and school will notify staff, faculty and students on their respective distribution process. HSC Finance and Administration Shared Services (FASS) is coordinating distribution to all other areas including Office of Community Health, Project ECHO and CDD.

We hope to have all masks distributed over the next two weeks.



Just An Opportunity to Say
‘Wow’ and **‘Thank You’** for
All Your Great Work!

Send a selfie picture of any of your masks to scushing@salud.unm.edu so we can celebrate our community staying safe!”

Do you know any HSC Staff that sew cloth masks? If you know whether they either donate or sell their masks to HSC campus, please email upon consent of the Staff members their information cheinemeyer@salud.unm.edu HSC Staff Committee will gladly forward the information to requests received.