FEBRUARY 2019



HSC Staff Committee News

North Campus Virtual Safety Walk February 18— 22nd, 2019

The HSC The HSC Staff Committee invites you to participate in a virtual North Campus Safety Week, Feb 18-22nd.

- It's easy! Here's how it works:
- Open and print the attached guidelines and checklist •
- When you walk to and from your car or around North Campus, be on the lookout for these safety items (burned out lights, sidewalk tripping hazards, overgrown landscaping that can provide a hiding area.) Also report items that pose danger specifically if arriving in the early morning or late evening.
- Record the items on the attached sheet (take a photo with your phone for additional info)
- Send the sheet (or photo with explanation) electronically to Christine Heinemeyer at: CHeinemeyer@salud.unm.edu
- Campus safety is everyone's concern please participate!

For more information, contact Christine Heinemeyer at cheinemeyer@salud.unm.edu or 925-4335.

Yoga Class Tuesdays & Thursdays

12pm-1pm Yoga on Tue & Thur will be held at the North Campus Domenici Center, Bldg 200, room 2710, until further notice. The class is open to all levels and it is okay to quietly arrive late or leave early. Please bring your own mat.

Meditation Group Mondays & Fridays

The group meets Monday and Fridays from noon to 1 pm in Room 2403 of the North Building in the Domenici Center for Health Sciences Education — just down the hall from the Anatomy Lab. Faculty, Staff, and Students are welcome to attend. No prior experience is necessary (newcomers' instruction is available). For more information, please contact Michael Haederle (mhaederle@salud.unm.edu).

Lovin' on Lil Lobos—THANK YOU CONTRIBUTORS!

Many thanks to everyone who brought donations or contributed monetarily toward the Lovin' on Lil Lobos fundraiser for the UNM Newborn Intensive Care Unit (NICU). We were able to donate many books, Onesies, and needed items requested by NICU. The Unit is always so appreciative; and it feels great to help families experiencing difficult moments.

NICU also accepts donations throughout the year:

For Baby: Newborn & Preemie Socks; Newborn clothes and Onesies; Hardback baby children story books; Receiving blankets

For Mom: Canvas Bags; Socks; Water bottles; Hand Lotion; Chapstick

Gracie Gonzalez	Main	Global Education Office-Mesa Vista Hall
Amy Hawkins	Main	Staff Council Office-Hokona Hall
Shannon Saavedra	Main	University Advisement and Enrichment Center
Giovanna Archuleta	North	Physical Plant
Jodi Perry	North	Dept of Pharmaceutical Sciences
Joni Roberts	North	Dept of Orthopedics
Nancy Shane	North	Reginald Heber Fitz Hall
Marilyn Rhodes	1650	Project ECHO
Nancy Risenhoover	North	Dept of Pathology
Jeanne Favret	Off	CDD- Info. Network Lib.
Glenda Johnson/Ryan Gregg	South	Student Support & Services Center
Jodi Locke	North	HSSB Office of Diversity, Equity and Inclusion



EMPLOYEE RECOGNITION



Annual Office of Education Staff Awards

Colleagues who have demonstrated exceptional talent or effort in support of the various and overarching missions of the SOM Office of Education

Awardees

Antoinette Guliford-Undergraduate Medical Education (UME) Chamonix Berry-Office of Medical Student Affairs (UME) Elizabeth Sanchez-SOM Office of Education/School of Medicine (OoE, UME) Jamie Riera-Academic Multimedia Services/UME Program Evaluation (UME) Kari Cervantes-Assessment and Learning (UME) Kevin Garcia-Graduate Medical Education (GME) Kristy Allocca- Assessment and Learning (UME) Natalie Sepulveda (no longer here) Sandra Bauman-Office of Medical Educator Development (CME)

Stephanie Mirabal (CME)

Honorable Mention

Anton Kuzmin (no longer here) Jennifer Silva-Continuing Medical Education (CME) Kim Mora-Preceptorship Programs (UME) Emily Grunberger-Curriculum Support Center (UME) Dominique Rodriguez-UME Administration (OoE, UME)



Check Out the HSC Office Supply Exchange!

Everything is free! Just in are brand new banker boxes, desk drawer organizers and we still have a variety of printer cartridges, among other miscellaneous office supplies. The exchange is located in the copy center in the basement of Fitz Hall (North Campus) and open from 8 - 10 AM and 1 - 3 PM. You may also donate usable items by placing them on designated shelves.



World Of Wellness - Spring WOW Passes On Sale Now!

The Spring 2019 WOW Fitness Schedule The World of Wellness Fitness Classes give students, faculty/staff, and community access to a variety of Fitness Classes, from Pilates, Zumba, Latin Fitness, Yoga, Indoor Cycling and much more! Purchase online at Recreational Services



Staff Links to the Pack

- Staff Council President Report—January 2019
- Staff as Students
- Staff Workplace Resources

The University of New Mexico offers a variety of programs focused on health, wellbeing, and personal development. We're even stronger if we work together – that's why the UNM Wellness Alliance joined forces to build a healthy University for all students, staff, and faculty. Employee Wellness is a proud member of the **UNM Wellness Alliance.**

- Walk Out on Work Wednesday event on April 3, 2019.
- Stadium Stair Challenge event on Saturday April 27, 2019
- Wellness Ambassador Program

Welcome back to WELLNESS!

HSCS Committee Charge

As a standing committee of the UNM Staff Council, the HSCS Committee carries out the missions of the Staff Council as they relate to staff within the Health Sciences Center (HSC). The Committee collaboratively develops and implements activities, initiatives, and proposals that improve the lives of staff within the HSC, and enhances the visibility and recognition of the important role staff play in the overall success of the HSC. Membership on the committee is restricted to, and optional for, HSC staff.

staffcouncil.unm.edu/committees/hsc-staff/ | HSCS Committee Email address: HSC-Staff-Committee@salud.unm.edu

Current HSCS Membership

Christine Heinemeyer, Co-Chair - Grade 11 (Department of Surgery) Nancy Shane, Co-Chair—Precinct 22 (SOM UME Program Evaluation) Melissa Meier—Precinct 23 (Project Echo) Chervl Dilger—Grade 10 (College of Nursing) Cindy Garcia—Precinct 21 (School of Medicine Admissions)

Jessica Serna—Grade 9 (SOM Depart of Surgery) Desiree Quinones-Soria (Department of Orthopedics) Moyna Robeson—Precinct 28 (Pediatrics Administration)

Patrick Newman—Grade 10 (SOM Dept of Surgery) Paula Popp—Precinct 23 (College of Nursing) Carla Sakiestewa (UNM Comprehensive Cancer Center) Mark Fisher—Precinct 27 (UNM Comprehensive Cancer Center)

Megan Dodge