**Extraordinary Value of UNM Employees: 4-Day 4th of July Weekend**

In support of meaningful time off from the workplace, maintaining a healthy work-life balance, creating a supportive work environment, and expressing appreciation to our employees, President Stokes has approved Friday July 5th, 2019 as a UNM Holiday! Start planning!

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**HSC Employee Recognition-PAWS: PEOPLE APPRECIATE WONDERFUL STAFF**

**November 2018 PAWS: Jessica Stanton, HSC Sponsored Projects**

Jessica is responsible for grant reviews for the HSC Community. In a stressful job and with a high workload, she stays calm, positive, expands her professional/personal knowledge, develops internal training programs, and serves on the UNM Staff Council. Thank you Jess-We appreciate you! You are a valuable member to the HSC SPO Team!

**December 2018 PAWS: Patricia Esquibel, OB-GYN**

Patricia is the scheduler for the department and goes above and beyond her job description by helping the clinic contact patients, working with clinic staff to accommodate patients, and by adjusting her schedule and work needs to assist division chiefs. She consistently puts the needs of the department and the patients above her own job duties.

**January 2019 PAWS: Desiree Gathings, HSC Budget Office**

Desiree is the int. associate director for the HSC Budget office and mentors fellow employees by sharing her in-depth knowledge of what is needed to process budget/financial journal entries and transactions. She is an active volunteer for HSC events, both in the planning and at the events. Desiree listens, is patient and a privilege to work with!!

**February 2019 PAWS: David Hansen, Physical Therapy**

David is a program manager in Orthopaedics Physical Therapy. He is an exemplary supervisor: kind, thoughtful, and a patient teacher, training me in his old position and encouraging me every step of the way. He is also the IT administrator for our department. He leads with positivity, a can-do attitude, a team work ethic, and a steady hand.

Great job and way to go!

**To recognize our great HSC Staff members in future newsletters, please send departmental awards and nominations to Desireé Quiñones-Soria (DQuinonesSoria@salud.unm.edu).**
UNM Staff Council 2019 Resolution #2: Parental Leave

Your UNM Staff Council at work! UNM Staff Council requested the implementation of a policy that would allow staff that are parents of a newborn or adopted child to take Paid Parental Leave (PPL), separate from sick leave and annual leave balances and the University is in the process of drafting a Paid Parental Leave (PPL) policy that will allow eligible staff to be granted up to 4 weeks of PPL, to ensure that they have that very important bonding time for births and adoptions.

Further details to be provided in the coming weeks and there will be an opportunity to submit feedback when the policy proposal is posted for public comment. Thank you for all your service to UNM!

WELLNESS

Yoga Class (Tuesdays & Thursdays)

12pm-1pm Yoga on Tuesdays & Thursdays will be held at the North Campus Domenici Center, Building 200, room 2710, until further notice. The class is open to all levels and it is okay to quietly arrive late or leave early. Please bring your own mat.

Meditation Group (Mondays & Fridays)

Meditate to Manage Stress -- Meditation is a potent antidote for our busy, hyper-stimulated lives -- and it has proven benefits for physical and emotional health. Faculty, staff, and students are welcome to join the HSC meditation group, which meets Mondays and Fridays from 12pm-1pm in room 2403 of the North Campus Domenici Center. No prior experience is necessary (newcomers’ instruction is available).

For more information, please contact Michael Haederle (mhaederle@salud.unm.edu). 505.272.2558 (o).

Fight for Air Climb-Albuquerque-American Lung Association

On Saturday April 6th, 2019 HSC’s Team, The Oily Piglets partook in the Albuquerque American Lung Association’s “Fight for Air Climb” Challenge at the Hyatt Hotel and helped to raise an overall $60,000 for lung health research and clean air studies. Way to go!

Link to information about event: https://action.lung.org/site/TR?fr_id=17824&pg=entry
Link to video about funds raised: https://www.krqe.com/news/.../fight...air.../1906403725

UNM Employee Wellness Program

The University of New Mexico offers a variety of programs focused on health, wellbeing, and personal development. We are even stronger if we work together - that is why the UNM Wellness Alliance joined forces to build a healthy University for all students, staff, and faculty. Employee Wellness is a proud member of the UNM Wellness Alliance.
Walkout-on-Work Wednesday April 2nd, 2019
Stadium Stair Challenge event on Saturday April 27th, 2019
Wellness Ambassador Program

UNM Employees taking part in Walk-Out-on-Work on Wednesday April 3, 2019. Leader of this Walkout Group was Lynn Lessard.

World of Wellness-Spring WOW Passes on Sale Now!

The spring 2019 WOW Fitness Schedule. The World of Wellness Fitness Classes give students, faculty/staff, and community access to a variety of Fitness Classes, from Pilates, Zumba, Latin Fitness, Yoga, Indoor Cycling and much more! Purchase online at Recreational Services.

Love Our Little Lobos! Ongoing donations to NBICU

Did you miss our “Lovin’ on Little Lobos” drive in February?

You can still “love on our little Lobos” throughout the year! The NBICU is accepting donations:

For babies: Newborn and preemie socks, newborn clothes and onesies, hardback baby children story books, and receiving blankets

For mom: Canvas bags, water bottles, hand lotion, Chapstick

Please contact Kathy Johnson (KMJohnson@salud.unm.edu, 505-272-1405) to donate; thank you!
HSCS OFFICE SUPPLY EXCHANGE

What can’t people get enough of?! OFFICE SUPPLIES!

Come and visit the Office Supply Exchange! Bring your gently-used items, or come see what others have left for you! The supply exchange is located in the HSC Copy Center in the basement of Fitz Hall, and is open 8-10am and 1-3pm.

HSCS Committee Charge

As a standing committee of the UNM Staff Council, the HSCS Committee carries out the missions of the Staff Council as they relate to staff within the Health Sciences Center (HSC). The Committee collaboratively develops and implements activities, initiatives, and proposals that improve the lives of staff within the HSC, and enhances the visibility and recognition of the important role staff play in the overall success of the HSC. Membership on the committee is restricted to, and optional for, HSC staff.