HSC STAFF NEWSLETTER



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HAPPY TAILS ANIMAL HUMANE DONATION DRIVE



This year's drive is from Monday, November 5 through Monday, December 3. You are welcome to drop off your in-kind donations either at the HSC Library or the UNM Recycling Yard (M-F, 7-3:30).

See Attached Flyer and Wish List for Details

VETERANS DAY—Monday, November 12th

Are you a veteran? As a small token of our appreciation, your morning break is on us. Please find the reserved table in the Healthy Heart Bistro between 10-11am; and spend a few minutes with fellow veterans. Coffee and snacks provided.



LUNCH WITH A WRITER -UNM BOOKSTORE—November 12th 2018

Spend your lunch hour with local writer Nasario Garcia! Always entertaining, Garcia will be at UNM Bookstore on Tuesday, Nov. 12th, at noon. Let's meet front of the hospital at 11:45 to walk over together. Please RSVP with Nancy at nlshane@salud.unm.edu.

HSC FALL BOOK EXCHANGE



Do you have a surplus of reading material, do you want to find new reading material at no cost? Then take part in our HSC Book Exchange! Donate your used books at our specified locations and come to our event on Friday December 7th, 2018.

Domenici West Room 3010

See our flyer for more details

PAWS: PEOPLE APPRECIATE WONDERFUL STAFF



The UNM Staff Council PAWS Award is presented each month to one staff employee who provides exceptional service to the UNM community. This employee exemplifies University values and shows initiative outside of their job scope.

The deadline for nominations is the last Friday of each month at 5:00 p.m.

https://staffcouncil.unm.edu/staff-awards/paws.html

October HSC PAWS Nomination:

Catherine (Katie) Fletcher

Katie is responsible for OB-GYN HR functions and supervises many of the administrative support staff. Her nominator says she manages to do her job with a positive attitude and a smile on her face and they are very lucky to have such an amazing staff member on our team. She puts the needs of the departments constituents first, whether be a patient, faculty, staff or a co-worker. She is always happy and that is infectious!

HSCS OFFICE SUPPLY EXCHANGE

Come and visit the Office Supply Exchange! Bring your gently used items, or come see what others have left for you! The supply exchange is located in the HSC Copy Center in the basement of Fitz Hall, and is open 8-10 am and 1-3pm.

MEDITATE TO MANAGE STRESS



Meditation is a potent antidote for our busy, hyperstimulated lives -- and it has proven benefits for physical and emotional health. Faculty, staff and students are welcome to join the HSC meditation group, which meets Mondays and Fridays from noon to 1 p.m. in room 2403 of the North Building in the Domenici Center for Health Sciences Education. No prior experience is necessary (newcomers'

instruction is available). For more information, please contact Michael Haederle (mhaederle@salud.unm.edu).

HSCS Committee Charge