

HSC Staff Committee News

Join HSC Staff Committee 1st Thursday of the Month

Please consider joining the HSC Staff Committee! You do not need to be on Staff Council to serve on the committee. Some of our activities are: virtual safety walk, HSC Staff Committee monthly newsletter, research expo, north campus tour, book exchange, book club, surplus exchange and Olo yogurt staff appreciation and pop in for popcorn homecoming celebration, to name a few. We always need people to help with these activities and create ideas for new ones! We meet on the first Thursday of the month from 11-12 in Domenici West, room 3110. To learn more, contact Nancy Shane, nlshane@salud.unm.edu, Lori Peterkin, lpeterkin@salud.unm.edu, or come to a meeting. Serving on the committee is a great way to meet other staff and work with a fun team!



Lovin' on Little Lobos Collection Dates Feb. 1st – 13th, 2018



Items Being Collected:

- Preemie and newborn onesies (new)
- Newborn size [HALO SleepSacks](#) or [SwaddleMe](#) (new)
- Infant/Children's board books (new or gently used)

- A** We are happy to announce the UNM Foundation will be accepting online donations!
- B** [NICU Family Emergency Fund](#) or [UNM Children's Hospital Funds](#) or [Children's Miracle Network Hospital](#)
- C** *Please specify in comments section this is for the Staff Council Lovin' on Little Lobos drive.

North Campus Collection site locations:

- Colleges of Nursing & Pharmacy - Nursing/Pharmacy Building, inside lobby double doors
- Dept. of Orthopedics- 2nd floor ACC West
- Dept. of Pathology - Fitz Hall 3rd floor & University Hospital Lab 2nd floor
- Dept. of Pharmaceutical Sciences - Multidisciplinary Research Facility 2nd floor, Suite 208
- Dept. of Pharmacy Practice & Administrative Sciences- NRPH basement, Suite B12

Please see [FLYER](#) for additional information!

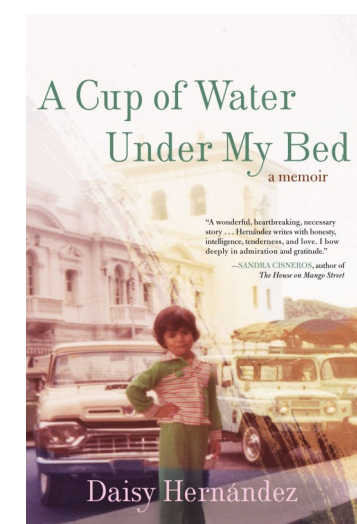
UNM School of Medicine Community Lecture on Sleep March 13, 2018



The Symphony of Sleep, a community lecture in *Your Dazzling Brain* series, will take place in conjunction with International Brain Awareness Week, from 6:30 – 7:45 pm at Albuquerque Academy's Simms Auditorium, 6400 Wyoming Blvd., NE.

Join three UNM School of Medicine faculty, Russell Morton, PhD, Lisa Cutchen, MD, and Shanna Diaz, DO, as they explain how sleep keeps your life in harmony by practicing, composing and helping you perform. Hear why sleep is more than a luxury and how it orchestrates your health and wellbeing. Learn if your sleep is in key and how to fine-tune it.

Register at <https://www.aa.edu/community/community-academy/lecture-series/> beginning February 1. The event is free, but space is limited. For more information, contact lpeterkin@salud.unm.edu.



HSC Book Club: Everyone Welcome!

Cup of Water Under My Bed (2014) by Daisy Hernandez will be discussed at the February 22 meeting (noon– 1 pm, Dean's Large Conference Room, Fitz Hall, 1st Floor).

In this lyrical, coming-of-age memoir, Daisy Hernández chronicles what the women in her Cuban-Colombian family taught her about love, money, and race. Her mother warns her about “envidia” and men who seduce you with pastries, while one “tía” bemoans that her niece is turning out to be “una india” instead of an American. Another auntie instructs that when two people are close, they are bound to become like “uña y mugre”, fingernails and dirt, and that no, Daisy's father is not godless. He's simply praying to a candy dish that can be traced back to Africa. (183 pp.)

Future discussion books:
March 22 - *All the Light We Cannot See* (2014), Anthony Doerr
April 26 - *Into the Magic Shop* (2016), James Doty

For more information, contact Lori Peterkin, lpeterkin@salud.unm.edu

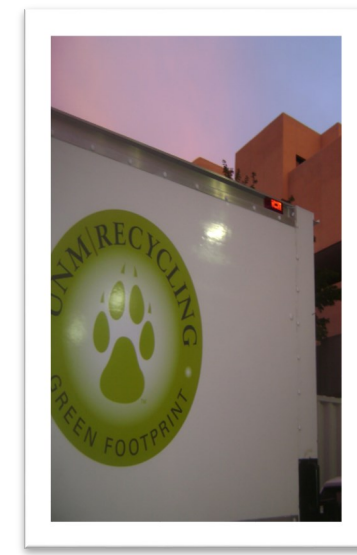
Meditation Group Mondays & Fridays

The group meets Monday and Fridays from noon to 1 pm in Room 2403 of the North Building in the Domenici Center for Health Sciences Education — just down the hall from the Anatomy Lab. Faculty, Staff, and Students are welcome to attend. No passes or fees are required, and a quick introduction to meditation can be given for newcomers. People can come late or leave early, if need be.

Yoga Class Tuesdays & Thursdays

Free Yoga classes for HSC students, faculty & staff on Tuesdays & Thursdays, from 12:05-12:50pm. Class meets in the new Domenici classroom building on the 2nd floor, room 2720, for now.

Feel free to come late or leave early. Faculty & Staff membership in the W.O.W. program is optional.



IMPORTANT UNM RECYCLING INFO

UNM Recycling would like to clarify some of our processes. Recycling techs will not enter offices to pick up **blue desk side bins**, these bins **must be emptied** by the office occupant **into the larger blue bins located on their floor**.

Also **cardboard boxes should not be left in hallways**. UNM Safety and Risk Services has determined that neither corridors nor exits may be blocked by furniture or other obstructions since it could slow evacuation in the event of an emergency. Neither custodians nor recycling techs are allowed to remove cardboard boxes from the hallways, this is the responsibility of the building occupants. **Cardboard boxes should be flattened and placed adjacent to the large blue recycling bins, inside a trash room, or in the cardboard cages located outside near the building loading dock**. Recycling techs will pick up cardboard in those locations. If you have any further questions about recycling, please contact Mary Clark, Sustainability Manager, at 277 -1142 or mary@unm.edu. Thank you.



Check Out the HSC Office Supply Exchange!

Everything is free! Come and visit the Office Supply Exchange. There are binders, inboxes, hanging folders, various printer cartridges, and a variety of other usable office supplies. Feel free to come take what you want or leave some items for the taking.

The exchange is located in the copy center in the basement of Fitz Hall (North Campus) and open from 8 – 10 AM and 1 – 3 PM. You may also donate usable items by placing them on designated shelves. For more information contact Lori Peterkin, lpeterkin@salud.unm.edu

[Cartridge Compatibility Sheet](#)

Did you know that UNMPD offers a free Security Escort Service?

Service is provided on a first-come, first-served basis, and occasionally a brief wait may be necessary. If you are concerned at any time about your safety, call the Campus Police at 277-2241. Escort service is provided 24 hours a day, 365 days a year.

Security Escort Services

HSCS Committee Charge

As a standing committee of the UNM Staff Council, the HSCS Committee carries out the missions of the Staff Council as they relate to staff within the Health Sciences Center (HSC). The Committee collaboratively develops and implements activities, initiatives, and proposals that improve the lives of staff within the HSC, and enhances the visibility and recognition of the important role staff play in the overall success of the HSC. Membership on the committee is restricted to, and optional for, HSC staff.

staffcouncil.unm.edu/committees/hsc-staff/ | HSCS Committee Email address: HSC-Staff-Committee@salud.unm.edu

Current HSCS Membership

Lori Peterkin Co-Chair (SOM Development)
Nancy Shane, Co-Chair (SOM UME Program Evaluation)
Danelle Callan (Family & Community Medicine)
Cindy Garcia (School of Medicine Admissions)

Jessica Gutierrez (College of Nursing)
Melissa Meier (Project Echo)
Jodi Perry (College of Pharmacy)
Christine Heinemeyer (SOM Dept of Surgery)

Patrick Newman (SOM Dept of Surgery)
Roxanne Roessner (College of Nursing)
Carla Sakiestewa (Cancer Center)
Jessica Serna (SOM Dept of Surgery)